

A mainspring used as a power source for a driving mechanism is made of an amorphous metal sheet, and has an S-shaped free-exploded shape. The curvature changing point where the curving direction of the free-exploded shape changes is formed on the inner end side of a middle point between the inner end on the winding side and the outer end serving as the other end of the inner end. Because of the high tensile stress and a low Young's modulus, the amorphous metal permits increase in mechanical energy stored in the mainspring.

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